

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Jan du Plessis  
(Walker)**

Has successfully participated & completed the

**10km SA Run 4 Cancer Ultra Marathon 2019**

held at Polokwane Rugby Fields.

**TIME 01:04:40**

**PACE 06:27/km**

**GENDER 157 of 311**

**OVERALL 210 of 765**

**60+ 5 of 10**

26 October 2019, Sat

Date



*BoutTime*

Signature

